

| 內容                                | 3500      | 4500         | 6500      | 8000           |            | 10000          |            | 12000          |                | 16000          |                  |            | 22888               |                 |          | 33888   |
|-----------------------------------|-----------|--------------|-----------|----------------|------------|----------------|------------|----------------|----------------|----------------|------------------|------------|---------------------|-----------------|----------|---------|
|                                   | 心臟或肺部電腦斷層 | 心.肺.腦三選一電腦斷層 | 心臟或肺部電腦斷層 | A<br>心臟.肺臟電腦斷層 | B<br>無痛腸胃鏡 | A<br>心臟.肺臟電腦斷層 | B<br>無痛腸胃鏡 | A<br>心臟.肺臟電腦斷層 | B<br>電腦斷層無痛腸胃鏡 | A<br>心.肺.腦電腦斷層 | B<br>心肺電腦斷層無痛腸胃鏡 | C<br>心血管攝影 | A<br>心血管攝影肺臟.肺部電腦斷層 | B<br>心血管攝影無痛腸胃鏡 | C<br>全方位 | 全方位健檢專案 |
| 心臟冠狀動脈血管攝影(注射顯影劑)                 | ----      | ----         | ----      | ----           | ----       | ----           | ----       | ----           | ----           | ----           | ----             | ●          | ●                   | ●               | ----     | ●       |
| 心臟鈣化電腦斷層掃描                        | ----      | ●            | 心.肺二選一    | ●              | ----       | ●              | ----       | ●              | 心.肺二選一         | ●              | ●                | ----       | ----                | ----            | ●        | ----    |
| 肺部電腦斷層掃描                          | ●         | 心.肺.腦三選一     | ●         | ●              | ----       | ●              | ----       | ●              | ●              | ●              | ●                | ----       | ●                   | ----            | ●        | ●       |
| 腦部電腦斷層掃描                          | ●         | ●            | ●         | ----           | ----       | ----           | ----       | ----           | ----           | ●              | ----             | ----       | ●                   | ----            | ●        | ●       |
| 無痛胃鏡                              | ----      | ----         | ----      | ----           | ●          | ----           | ●          | ----           | ●              | ----           | ●                | ----       | ----                | ●               | ●        | ●       |
| 無痛大腸鏡                             | ----      | ----         | ----      | ----           | ●          | ----           | ●          | ----           | ●              | ----           | ●                | ----       | ----                | ●               | ●        | ●       |
| 身高.體重.血壓.脈搏.聽力                    | ●         | ●            | ●         | ●              | ●          | ●              | ●          | ●              | ●              | ●              | ●                | ●          | ●                   | ●               | ●        | ●       |
| BMI身體質量指數                         | ●         | ●            | ●         | ●              | ●          | ●              | ●          | ●              | ●              | ●              | ●                | ●          | ●                   | ●               | ●        | ●       |
| 腰圍                                | ●         | ●            | ●         | ●              | ●          | ●              | ●          | ●              | ●              | ●              | ●                | ●          | ●                   | ●               | ●        | ●       |
| 視力.辨色力                            | ●         | ●            | ●         | ●              | ●          | ●              | ●          | ●              | ●              | ●              | ●                | ●          | ●                   | ●               | ●        | ●       |
| 身體評估及醫師理學檢查                       | ●         | ●            | ●         | ●              | ●          | ●              | ●          | ●              | ●              | ●              | ●                | ●          | ●                   | ●               | ●        | ●       |
| 尿液常規檢查                            | ●         | ●            | ●         | ●              | ●          | ●              | ●          | ●              | ●              | ●              | ●                | ●          | ●                   | ●               | ●        | ●       |
| 尿沉渣顯微鏡檢查                          | ●         | ●            | ●         | ●              | ●          | ●              | ●          | ●              | ●              | ●              | ●                | ●          | ●                   | ●               | ●        | ●       |
| 全套血液檢查(8項)                        | ●         | ●            | ●         | ●              | ●          | ●              | ●          | ●              | ●              | ●              | ●                | ●          | ●                   | ●               | ●        | ●       |
| 血液白血球分類                           | ----      | ----         | ●         | ----           | ●          | ●              | ●          | ●              | ●              | ●              | ●                | ●          | ●                   | ●               | ●        | ●       |
| 潛血反應(免疫法)(FOBT)                   | ----      | ----         | ●         | ----           | ----       | ●              | ----       | ●              | ----           | ●              | ----             | ●          | ----                | ----            | ----     | ----    |
| 天門冬胺酸轉胺酶(GOT)                     | ●         | ●            | ●         | ●              | ●          | ●              | ●          | ●              | ●              | ●              | ●                | ●          | ●                   | ●               | ●        | ●       |
| 丙胺酸轉胺酶(GPT)                       | ●         | ●            | ●         | ●              | ●          | ●              | ●          | ●              | ●              | ●              | ●                | ●          | ●                   | ●               | ●        | ●       |
| 白蛋白(ALB)                          | ----      | ----         | ●         | ----           | ●          | ●              | ●          | ●              | ●              | ●              | ●                | ●          | ●                   | ●               | ●        | ●       |
| 球蛋白(GLOB)                         | ----      | ----         | ●         | ----           | ●          | ●              | ●          | ●              | ●              | ●              | ●                | ●          | ●                   | ●               | ●        | ●       |
| 總蛋白(T-P)                          | ----      | ----         | ●         | ----           | ●          | ●              | ●          | ●              | ●              | ●              | ●                | ●          | ●                   | ●               | ●        | ●       |
| 鹼性磷酸酶(ALK-P)                      | ----      | ----         | ●         | ----           | ●          | ●              | ●          | ●              | ●              | ●              | ●                | ●          | ●                   | ●               | ●        | ●       |
| 麩胺轉氨酶(γ-GT)                       | ●         | ●            | ●         | ●              | ●          | ●              | ●          | ●              | ●              | ●              | ●                | ●          | ●                   | ●               | ●        | ●       |
| 總膽紅素(T-BIL)                       | ●         | ●            | ●         | ●              | ●          | ●              | ●          | ●              | ●              | ●              | ●                | ●          | ●                   | ●               | ●        | ●       |
| 直接膽紅素(D-BIL)                      | ●         | ●            | ●         | ●              | ●          | ●              | ●          | ●              | ●              | ●              | ●                | ●          | ●                   | ●               | ●        | ●       |
| 尿素氮(BUN)                          | ●         | ●            | ●         | ●              | ●          | ●              | ●          | ●              | ●              | ●              | ●                | ●          | ●                   | ●               | ●        | ●       |
| 肌酸酐(Creatinine)                   | ●         | ●            | ●         | ●              | ●          | ●              | ●          | ●              | ●              | ●              | ●                | ●          | ●                   | ●               | ●        | ●       |
| 腎絲球過濾率(eGFR)                      | ●         | ●            | ●         | ●              | ●          | ●              | ●          | ●              | ●              | ●              | ●                | ●          | ●                   | ●               | ●        | ●       |
| 尿酸(UA)                            | ●         | ●            | ●         | ●              | ●          | ●              | ●          | ●              | ●              | ●              | ●                | ●          | ●                   | ●               | ●        | ●       |
| 飯前血糖(AC sugar)                    | ●         | ●            | ●         | ●              | ●          | ●              | ●          | ●              | ●              | ●              | ●                | ●          | ●                   | ●               | ●        | ●       |
| 糖化血色素(HbA1C)                      | ----      | ----         | ----      | ----           | ----       | ●              | ●          | ●              | ●              | ●              | ●                | ●          | ●                   | ●               | ●        | ●       |
| 總膽固醇(CHOL)                        | ●         | ●            | ●         | ●              | ●          | ●              | ●          | ●              | ●              | ●              | ●                | ●          | ●                   | ●               | ●        | ●       |
| 三酸甘油酯(T-G)                        | ●         | ●            | ●         | ●              | ●          | ●              | ●          | ●              | ●              | ●              | ●                | ●          | ●                   | ●               | ●        | ●       |
| 高密度脂蛋白(HDL)                       | ●         | ●            | ●         | ●              | ●          | ●              | ●          | ●              | ●              | ●              | ●                | ●          | ●                   | ●               | ●        | ●       |
| 低密度脂蛋白(LDL)                       | ●         | ●            | ●         | ●              | ●          | ●              | ●          | ●              | ●              | ●              | ●                | ●          | ●                   | ●               | ●        | ●       |
| 動脈硬化指數(Risk Factor)               | ●         | ●            | ●         | ●              | ●          | ●              | ●          | ●              | ●              | ●              | ●                | ●          | ●                   | ●               | ●        | ●       |
| 十年心血管疾病風險                         | ●         | ●            | ●         | ●              | ●          | ●              | ●          | ●              | ●              | ●              | ●                | ●          | ●                   | ●               | ●        | ●       |
| 肌酸磷酸化酶(CPK)                       | ----      | ----         | ●         | ●              | ●          | ●              | ●          | ●              | ●              | ●              | ●                | ●          | ●                   | ●               | ●        | ●       |
| 乳酸脫氫酶(LDH)                        | ----      | ----         | ●         | ●              | ●          | ●              | ●          | ●              | ●              | ●              | ●                | ●          | ●                   | ●               | ●        | ●       |
| 高感性C反應蛋白(hs-CRP)                  | ----      | ●            | ●         | ----           | ----       | ●              | ●          | ●              | ●              | ●              | ●                | ●          | ●                   | ●               | ●        | ●       |
| 澱粉酶(Amylase)                      | ----      | ●            | ●         | ----           | ●          | ●              | ●          | ●              | ●              | ●              | ●                | ●          | ●                   | ●               | ●        | ●       |
| 游離四碘甲狀腺素(Free T4)                 | ----      | ----         | ●         | ----           | ----       | ●              | ●          | ●              | ●              | ●              | ●                | ●          | ●                   | ●               | ●        | ●       |
| 甲狀腺刺激素(TSH)                       | ----      | ----         | ●         | ----           | ----       | ●              | ●          | ●              | ●              | ●              | ●                | ●          | ●                   | ●               | ●        | ●       |
| 甲型胎兒蛋白(AFP)                       | ●         | ●            | ●         | ●              | ●          | ●              | ●          | ●              | ●              | ●              | ●                | ●          | ●                   | ●               | ●        | ●       |
| 癌胚胎抗原(CEA)                        | ●         | ●            | ●         | ●              | ●          | ●              | ●          | ●              | ●              | ●              | ●                | ●          | ●                   | ●               | ●        | ●       |
| 胰臟癌(CA-199)                       | ●         | ●            | ●         | ●              | ●          | ●              | ●          | ●              | ●              | ●              | ●                | ●          | ●                   | ●               | ●        | ●       |
| 鼻咽癌(EBV-IgA)                      | ----      | ----         | ●         | ----           | ----       | ●              | ●          | ●              | ●              | ●              | ●                | ●          | ●                   | ●               | ●        | ●       |
| 卵巢癌篩檢(CA-125)(女)                  | ----      | ----         | ●         | ●              | ●          | ●              | ●          | ●              | ●              | ●              | ●                | ●          | ●                   | ●               | ●        | ●       |
| 攝護腺癌(PSA)(男)                      | ----      | ----         | ●         | ●              | ●          | ●              | ●          | ●              | ●              | ●              | ●                | ●          | ●                   | ●               | ●        | ●       |
| 身體組成分析                            | ----      | ----         | ●         | ----           | ----       | ●              | ●          | ●              | ●              | ●              | ●                | ●          | ●                   | ●               | ●        | ●       |
| 靜態心電圖(EKG)                        | ●         | ●            | ●         | ●              | ●          | ●              | ●          | ●              | ●              | ●              | ●                | ●          | ●                   | ●               | ●        | ●       |
| 胸腔X光(Chest x-ray)<br>▲肺部電腦斷層者無此項目 | ▲         | ▲            | ▲         | ▲              | ●          | ▲              | ●          | ▲              | ▲              | ▲              | ▲                | ●          | ▲                   | ●               | ▲        | ▲       |
| 測定關節及脊椎的骨質密度                      | ----      | ----         | ●         | ●              | ----       | ●              | ----       | ●              | ●              | ●              | ●                | ●          | ●                   | ●               | ●        | ●       |
| 腹部超音波                             | ----      | ●            | ●         | ●              | ----       | ●              | ----       | ●              | ●              | ●              | ●                | ●          | ●                   | ●               | ●        | ●       |
| 甲狀腺超音波                            | ----      | ----         | ----      | ----           | ●          | ●              | ●          | ●              | ●              | ●              | ●                | ●          | ●                   | ●               | ●        | ●       |
| 心臟超音波檢查                           | ----      | ----         | ----      | ----           | ----       | ----           | ----       | ●              | ●              | ●              | ●                | ●          | ●                   | ●               | ●        | ●       |
| 乳房超音波(女)                          | ----      | ----         | ----      | ----           | ----       | ----           | ----       | ●              | ●              | ●              | ●                | ●          | ●                   | ●               | ●        | ●       |
| 攝護腺超音波(男)                         | ----      | ----         | ----      | ----           | ----       | ----           | ----       | ●              | ●              | ●              | ●                | ●          | ●                   | ●               | ●        | ●       |
| 頸動脈超音波檢查                          | ----      | ----         | ----      | ----           | ----       | ----           | ----       | ●              | ●              | ●              | ●                | ●          | ●                   | ●               | ●        | ●       |
| 餐點.免費停車<br>精美報告(內含影像光碟)           | ●         | ●            | ●         | ●              | ●          | ●              | ●          | ●              | ●              | ●              | ●                | ●          | ●                   | ●               | ●        | ●       |

★若有欲加選之檢查項目請洽詢健檢中心 預約諮詢專線：(06) 635-1131分機2125、2123、2126、2124、2127(於下午時段來電為佳)

◆配合國健局計畫健康促進, 符合資格者請攜帶健保卡。

【乳房攝影】45-69歲婦女, 每2年一次。【子宮頸抹片篩檢】30歲以上婦女, 每1年一次

【大腸癌篩檢】50-74歲, 每2年一次。【口腔癌篩檢】30歲以上吸菸或嚼檳榔者, 每2年一次

◆此健檢方案適用對象包含【眷屬】



**莊婉淑**  
健檢專員(醫檢師)  
Line ID:chuang1207  
0980438877

| 項目                    | 臨床意義   |
|-----------------------|--|
| 心臟冠狀動脈血管攝影(注射顯影劑)     | 診斷心臟冠狀動脈鈣化或阻塞問題，經由注射顯影劑可幫助血管顯影，更能清楚看見冠狀動脈鈣化和粥狀斑塊所在的位置及阻塞之程度，評估心肌梗塞之風險，供臨床醫師做出最佳之診斷及治療                              |
| 心臟冠狀動脈鈣化指數分析          | 鈣化指數分析為非侵入性的冠狀動脈檢查方式，計算冠狀動脈的鈣化斑塊，鈣化斑塊的多寡是以分數的方式進行表示，分數越高，表示鈣化程度越嚴重，冠心病發生風險較高，血管狹窄程度與鈣化程度成正比                        |
| 肺部電腦斷層檢查              | 低劑量肺部電腦斷層可發現0.3~0.5cm左右的微小病灶，適用於早期肺癌篩檢   |
| 腦部電腦斷層檢查              | 診斷部份腦腫瘤、評估腦部血管病變、腦部是否老化或萎縮、先天異常等病變   |
| 無痛胃鏡                  | 診斷胃幽門桿菌、胃潰瘍、胃癌等病灶  |
| 無痛大腸鏡                 | 檢查有無潰瘍性結腸炎、出血、腸道阻塞、瘻肉或腫瘤等病變  |
| 身高、體重、視力、血壓、聽力等檢查     | 身體的初步檢查，以瞭解身體基本功能之正常性  |
| BMI身體質量指數             | 基礎代謝率  |
| 腰圍                    | 男性腰圍應小於90公分，女性小於80公分，為臨床診斷「代謝症候群」的重要指標   |
| 視力、辨色力                | 評估遠、近視力及辨色力是否正常  |
| 身體評估及醫師理學檢查           | 醫師進行頭頸部、胸部、心臟、腹部、四肢等部位之理學檢查，並根據個人初步檢查予以衛教諮詢及健康促進等建議  |
| 尿液常規及尿沉渣顯微鏡檢查         | 肝、膽、腎、泌尿道疾病及糖尿病等初步篩檢   |
| 全套血液檢查(8項)<br>血液白血球分類 | 貧血及血液凝固功能，發炎或細菌性感染，白血病或其他造血疾病，寄生蟲、過敏之可能性，各種白血球的分布比例，可輔助診斷疾病發生的原因，是臨床常用的基本檢查  |
| 潛血反應-免疫法(FOBT)        | 有無腸道出血   |
| 天門冬胺酸轉胺酶(GOT)         | 肝臟營養、代謝、免疫狀況評估、肝臟細胞病變、肝細胞受損程度、急性肝炎、阻塞性黃疸、肝硬化等檢查  |
| 丙胺酸轉胺酶(GPT)           |  |
| 白蛋白(ALB)              |  |
| 球蛋白(GLOB)             |  |
| 總蛋白(T-P)              |  |
| 鹼性磷酸酶(ALK-P)          |  |
| 麩氨轉氨酶(γ-GT)           | 常用於篩檢肝臟機能障礙、脂肪肝及肝硬化，尤其是酒精性肝炎和藥物性肝炎   |
| 總膽紅素(T-BIL)           | 肝膽疾病、溶血性疾病、黃疸、肝細胞破壞、阻塞性黃疸、溶血性黃疸等檢查   |
| 直接膽紅素(D-BIL)          |  |
| 尿素氮(BUN)              | 腎臟功能障礙   |
| 肌酸酐(Creatinine)       | 腎衰竭、尿毒症、腎炎   |
| 腎絲球過濾率(eGFR)          | 評估腎臟每分鐘之過濾量，是一個敏感且有效之指標  |
| 尿酸(UA)                | 尿酸過高症、痛風等相關疾病檢查  |
| 飯前血糖(AC sugar)        | 糖尿病篩檢  |
| 糖化血色素(HbA1C)          | 可以反映體內最近2-3個月的血糖控制情況   |
| 總膽固醇(CHOL)            | 大於標準值，稱為「高血脂症」，初期高血脂症並不會症狀，嚴重時可能併發急性心臟病(心肌梗塞、猝死)、心絞痛、腦中風及週邊動脈血管阻塞等疾病   |
| 三酸甘油酯(T-G)            |  |
| 高密度脂蛋白(HDL)           | 好的膽固醇，對血管有保護作用   |
| 低密度脂蛋白(LDL)           | 壞的膽固醇，數值過高，則被視為血管阻塞的危險因子   |
| 動脈硬化指數(Risk Factor)   | 了解罹患心血管疾病的比率   |
| 十年心血管疾病風險             | 心血管疾病風險評估  |
| 肌酸磷酸化酶(CPK)           | LDH、CPK存在於很多組織器官，如肝臟、心臟、腎臟、肌肉及紅血球之中。值高時表示可能患有心肌梗塞、腎臟栓塞、肝臟損傷、肌肉發育不良、白血病、貧血或癌症等                                      |
| 乳酸脫氫酶(LDH)            |  |
| 高敏感性C反應蛋白(hs-CRP)     | 心血管疾病篩檢  |
| 澱粉酶(Amylase)          | 消化功能及慢性胰臟炎檢查，與血糖搭配參考   |
| 游離四碘甲狀腺素(Free T4)     | 甲狀腺分泌失調症、甲狀腺亢進症、甲狀腺低下症   |
| 甲狀腺刺激素(TSH)           |  |
| 甲型胎兒蛋白(AFP)           | 急性肝炎、慢性肝炎、肝硬化或肝癌   |
| 癌胚胎抗原(CEA)            | 大腸直腸癌、胃癌、胰臟癌等可能偏高  |
| 胰臟癌(CA-199)           | 癌症篩檢及治療追蹤參考指標，其他胃腸道腫瘤、胰臟炎、良性胰臟疾病等可能偏高  |
| 鼻咽癌(EBV-IgA)          | 鼻咽癌是常見的頭頸部腫瘤，和EB病毒(Epstein-Barr Virus, 簡稱 EBV)有密切關係，鼻咽癌病人血液中含有高量的抗EB病毒免疫球蛋白A(IgA)抗體，此數值偏高者建議至醫院耳鼻喉科做進一步追蹤(鼻咽內視鏡檢查) |
| 卵巢癌篩檢(CA-125)【女】      | 卵巢癌篩檢及治療追蹤參考指標，懷孕、子宮內膜異位、骨盆腔發炎等良性病變可能偏高  |
| 攝護腺癌(PSA)【男】          | 攝護腺癌、良性攝護腺肥大(增生)、攝護腺炎、泌尿道感染等可能偏高   |
| 身體組成分析                | 評估是否過重、脂肪率過高、肌肉量是否足夠等  |
| 靜態心電圖(EKG)            | 心臟肥大、心律不整、傳導異常、冠狀動脈疾病及心肌缺氧等狀況  |
| 胸腔X光(Chest x-ray)     | 胸腔是否有病變  |
| 測定腕關節或脊椎的骨質密度         | 有無骨質流失或疏鬆現象  |
| 腹部超音波                 | 肝臟、膽囊、胰臟、脾臟及腎臟是否有無腫瘤、膿瘍、結石、囊腫、鈣化等狀況  |
| 甲狀腺超音波                | 甲狀腺是否有結節、囊腫、腫瘤等狀況  |
| 心臟超音波檢查               | 心臟大小、收縮情形，判別心臟血管內的血流方向及流速，檢查是否有心臟瓣膜缺損  |
| 乳房超音波檢查【女】            | 乳癌、良性纖維腺瘤、單純囊腫、纖維囊腫等狀況   |
| 攝護腺超音波【男】             | 攝護腺腫瘤、肥大、鈣化等狀況   |
| 頸動脈超音波檢查              | 頸動脈血流、斑塊、狹窄程度及腦中風風險評估  |